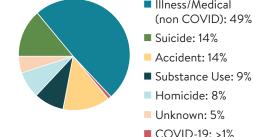
## Support for people who are grieving DOUGY CENTER'S IMPACT

## 324,245 people from 2024: 2,733 **194 countries** found support and A PODCAST BY DOUGY 2014: 1,729 free resources on 183,881 dougy.org in 2024 2004: 696 **Grief Out Loud** podcast episodes downloaded in 2024. Visit dougy.org/podcast Information, crisis, referral, and intake requests to listen answered by Dougy Center Program staff Volunteer Support 2024: 25,056 27,954 = \$936,145 2014: 7,489 donation volunteer hours contributed value 2004: 1,393 in 2024 source: Independent Sector In 2024, the L.Y.G.H.T. **Grief Support Groups** program was accessed Person Who Died: **Cause of Death:** 239 times LYGHT Father: 62% Illness/Medical

Mother: 21% Sibling: 14% Grandparent: 2% Close Friend/ Other >1%



## Suicide: 14% Accident: 14% Substance Use: 9% Homicide: 8% Unknown: 5%

COVID-19: >1%

## The Need for Dougy Center in the Portland Metro Area

Partner: >1%

People served through **peer grief support groups** 



were on the waiting list to get into a Dougy Center grief support group



of Dougy Center families report they live below the poverty level

Cost to families for groups, resources, and support



by youth in foster care;

100% of youth would recommend L.Y.G.H.T. to their peers



youth in the United States will experience the death of a parent or sibling by age 18

source: Childhood Bereavement Estimation Model (CBEM)