WHO DO YOU MISS?

It's common to miss people throughout the day, even people we see all of the time. Who are you missing today?

The person I'm missing is...

Their name is...

This is what they look like ...

A food they like is...

A question I want to ask them is...

Something I remember about them...

For Teachers and Caregivers:

Children can have lots of thoughts and feelings about the people they care about. This worksheet helps children to connect with those thoughts and feelings by drawing a picture of the person they are missing. It might be someone who has died, someone they can't spend time with, or someone they see a lot, but are missing in this moment. You can do this activity with one child or a whole group. Let them know they can write or draw their answers and that it's okay to skip the ones they don't want to do. You can also expand the conversation by asking them questions about their responses such as, "How do you think they'd answer your question?" "How do you feel when you think of this person?"

